

Move Your Way - Heart Month Challenge 2026

Day Pass Terms & Conditions

Royal Brompton & Harefield Hospitals Charity in partnership with Chelsea Sports Centre (Better).

Introduction

These Terms & Conditions apply to the day pass associated with the **Move Your Way - Heart Month Challenge**, a month-long virtual challenge taking place from **1-28 February 2026** in partnership with **Chelsea Sports Centre**. Participants aim to complete 28 miles in 28 days in any way they choose, while raising funds for Royal Brompton & Harefield Hospitals Charity (as described in the published FAQs).

Participants who sign up to the challenge are eligible for a free day pass at Chelsea Sports Centre.

1. Eligibility

- A free day pass or guest pass is available to new customers only and may not be used by existing Chelsea Sports Centre members.
- Only one free pass per person is permitted within a 12-month period.
- Users must be 16+ to access gym facilities. Additional age restrictions apply to group exercise classes, spa areas, and some swimming sessions.

2. Registration Requirements

- All users must register their details online or at the centre before using the pass.
- A health & safety PAR-Q or pre-activity questionnaire must be completed before using the gym or classes.
- Proof of ID or address may be requested on arrival.

3. Usage Conditions

- The pass is valid for one day only at the Chelsea Sports Centre.
- Access may include gym, swimming, and selected fitness classes, depending on availability.

- Entry is subject to capacity and timetables. Some activities may require advanced booking.
- Spa areas, hydrotherapy, lessons, swimming courses, creche, courts, and specialist facilities are not included unless explicitly stated.

4. Restrictions

- Not valid with any other promotion or discount.
- Non-transferable and has no cash value.
- Centres reserve the right to refuse entry if safety rules aren't followed or if misuse is suspected.

5. Health & Safety

- Users must follow all gym inductions, pool rules, and staff guidance.
- Appropriate clothing and footwear must be worn.
- Any medical conditions that may affect participation must be declared.

6. Centre Rights

- Better reserves the right to withdraw the offer at any time.
- Misuse of the free pass may result in refusal of future entry.